# Transition days: 14<sup>th</sup> – 15<sup>th</sup> September 2023

Time	Activity	Location
Thursday 14th September	er	
10.15am - 11am	Welcome and Introduction to Disability and Dyslexia Service	Convent Parlour, Digby Stuart
	Get to know the <u>Disability and Dyslexia</u> <u>Service:</u> key contacts and question and answer session	
11am - 12am	Talk on how to manage change and stress Information on strategies to manage mental health at university given by a Mental Health Adviser	Convent Parlour, Digby Stuart
12pm - 1pm	Lunch Various locations on campus, including Froebel Diner and The Hive cafe	
1pm - 2pm	Introduction to Study Abroad Overview of the opportunities to study abroad at Roehampton provided by the Study Abroad Team	Convent Parlour, Digby Stuart
2pm - 3pm	Overview of the Careers and Employability Service Find out more about the Careers and Employability Service and what they can offer from your first year to graduation and beyond	Convent Parlour, Digby Stuart
3pm - 5pm	Introduction to Sport and Active Communities Including gym tour, mini stretch class, body balance and tennis activities	Leaving from Convent Parlour, Digby Stuart
6pm	Roehampton Student Union (RSU) event	Roehampton Student Union Bar, Froebel College
Time	Activity	Location
Friday 15th September		
11am - 12pm	Library Tour  Tour of the library and introduction to the services on offer	Library foyer, Digby Stuart Campus
12pm - 1pm	Lunch Various locations on campus, including Froebel Diner and The Hive cafe	
1pm - 2pm	Introduction to Nest Introduction to Nest, your home for all student enquiries, key contacts and university processes	Convent Parlour, Digby Stuart
2pm - 3pm	Introduction to RoeBuddies Introduction to the peer mentoring scheme which provides informative, relatable and supportive sessions to help new students transition to Roehampton life	Convent Parlour, Digby Stuart

3pm - 4pm	Introduction to Student Support Information on Student Wellbeing Officers, the Disability and Dyslexia Service and other student support teams.	Convent Parlour, Digby Stuart
4pm - 5pm	Disability and Dyslexia Service drop-in A chance to ask any specific questions in relation to your disability or support at university.	Richardson Building, Digby Stuart campus

If you have any questions, please contact the Disability and Dyslexia Service by email (<a href="mailto:disabilities@roehampton.ac.uk">disabilities@roehampton.ac.uk</a>), phone (020 8392 3636) or by visiting us in the Richardson Building, Digby Stuart campus.

## **Additional key contacts:**

## **Student Wellbeing Officers:**

Digby Stuart: <a href="mailto:swodigby@roehampton.ac.uk">swodigby@roehampton.ac.uk</a>
Froebel: <a href="mailto:swodigby@roehampton.ac.uk">swodigby@roehampton.ac.uk</a>

Whitelands: <a href="mailto:swowhitelands@roehampton.ac.uk">swowhitelands@roehampton.ac.uk</a>
Southlands: <a href="mailto:swosouthlands@roehampton.ac.uk">swosouthlands@roehampton.ac.uk</a>

### **Non-emergency contacts**

University Security: 020 8392 3140 (on campus only)

NHS Phone Service: 111

Police: 101

### **Emergency contacts**

University Security: 020 8392 3333 (on campus only)

**Emergency Services: 999**